



Cairncastle Primary School
Cairncastle Road, Ballygally,
Larne BT40 2RB
Principal: Mrs. J. Halliday

Tel: 028 28583530
email: jhalliday891@c2kni.net
web: www.cairncastleps.co.uk

2020 February # 2 WEEKLY NEWSLETTER

Up-coming news and events for the week ahead

PTA Fundraiser: Tonight (Thursday) is "Movie & Munchies". The movies will start at 6.00 and children are to be collected from the rooms at 8.00pm. They may wear comfortable clothing. There will be a snack pack provided by the PTA.

Home Alone - Miss McKeegan's room

Sing - Library

Dog's Journey - Mrs Hamill's room

Coronavirus: The Department of Health has asked us to remind you to encourage your child to follow the daily hygiene routines such as washing hands thoroughly, using a tissue etc. Should you or your child feel unwell you are advised to stay indoors avoid contact with others as you would with the flu and to contact your GP. Typical symptoms of Coronavirus include fever and a cough that may progress into breathing difficulties.

Brain Break Space for Learning Evening: On Thursday 5th March we are holding an evening which looks at ways that we can support our children's emotional health & wellbeing. The seminar will be taken by Jennifer Murray who is a trained and certified mindfulness & meditation coach. The seminar will look at areas such as

- Ideas & activities to help children talk about how they feel
- Coping skills to manage big emotions
- Mindfulness - What it's all about?
- How to incorporate these ideas at home
- Recipe for Self-care

Our idea is that the evening will run from 7.00pm-9.00pm approximately and tea and coffee will be provided. A donation plate will be available on the evening to help cover the cost of running it. Please fill out the attached slip to register your interest and return to school after half term.

World Book Day: World Book Day: The school will once again join in with celebrating World Book Day on Thursday, 5th March. We encourage pupils to come dressed as a book character (or fancy dress).

P3/4 – Birds of Prey: The visit to Larne museum on Thursday 12th March scheduled for 9.30am will now take place at 11.00am.

Mothers' Day Shop: The P.T.A. would be grateful if each family would make a donation of a gift suitable to stock their shop on Thursday 19th March. This can be either a new or unwanted, unused good quality item. Please send into school from week beginning 9th March.

Pupils will have the opportunity to buy a gift from the shop for £2.00 and have it wrapped and sent home in time for Mothers' Day on Sunday 22nd March.

Antrim Coast Half Marathon: The rebranded Larne Half Marathon will be taking place on Saturday 21st March at 11.00am. This year Larne Athletic Club have secured the attendance of several leading UK and Irish athletes and they would like local primary schools to become involved by creating a competition for "Best Supporting School". This involves each supporting school being positioned at an "energy point" along the race route and randomly allocated an athlete or Home Nation to support. You will encourage your athlete or Home Nation as they pass as well as the hundreds of local runners. The best supporting school will be judged by a local dignitary and the winning school will be awarded £300. Each participating school will also have the opportunity to meet the athletes or Home Nation representative at the Inver Park in the afternoon. As a school we feel this is a very worthwhile cause to support and think that it is a great opportunity for our young people to be inspired by these athletes that they see competing on TV in far off places. Please fill in the attached form to register your interest. Each child attending MUST be accompanied by an adult.

✂.....

Brain Break Seminar

Number attending

Signed-----

✂.....

I -----would like to attend the Antrim Coast

marathon along with -----(child's name)

*We hope everyone enjoys their half term break. See you on Monday
24th February!*